



ACTION GUIDE

Spring 2013





Program registration begins Monday, December 3, 2012.

Most programs begin the week of **January 7, 2013** (*unless stated otherwise*). All programs must meet a minimum number of participants to be held. **Please register for all programs!** Drop-ins are only permitted if space allows.

Program updates/changes: Please check the Township Web site at www.thewoodlandstownship-tx.gov/programupdates or call 281-210-3977 for last minute cancellations.

Three Easy Ways to Register:

1. **Online** - www.thewoodlandstownship-tx.gov
 2. **Phone** - 281-210-3950
 3. **In person** - The Woodlands Township Recreation Center
- The Woodlands Township Recreation Center accepts VISA, MASTERCARD, AMERICAN EXPRESS and DISCOVER.

Recreation Center Hours:

Monday-Thursday: 8 a.m. - 9 p.m. **Friday:** 8 a.m. - 8 p.m.*
Saturday: 8 a.m. - 6 p.m., Closed **Sundays**

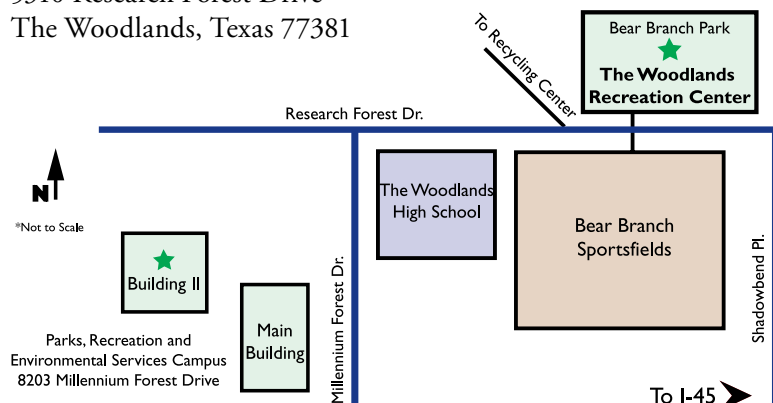
**The Woodlands Township Recreation Center is closed at 6:30 p.m. on the first and third Fridays of the month for Gorilla Hole.*

The Woodlands Township Recreation Center will be closed:

Friday, March 29, 2013 (*Good Friday*)
 Monday, May 27, 2013 (*Memorial Day*)

Where to Find Us:

5310 Research Forest Drive
 The Woodlands, Texas 77381



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WAIVER: By nature, many recreation programs involve body contact, considerable physical exertion, emotional stress and/or use of equipment that represents a certain risk to participants. It is recommended that you check with your physician prior to participating in any programs. Registrants in any program assume responsibility for all risks, implicit or direct, by participation in said activity or facility.

Participation in any parks and recreation activity constitutes a waiver of certain rights. **See inside back cover for waiver and release wording, including the photo/media waiver.** Please call The Woodlands Township Recreation Center at 281-210-3950 or visit www.thewoodlandstownship-tx.gov for more information.



The Action Guide is a proud recipient of a 2012 Communicator Award of Distinction

FOR MORE INFORMATION

If you have questions about The Woodlands Township's parks, pools, pavilions, field rentals or facility reservations, please call **281-210-3800** or visit **www.thewoodlandstownship-tx.gov**.

SPECIAL EVENTS

14th Annual Daddy Daughter Dinner Dance

This red carpet event includes dinner, dessert, dancing, games, a special craft and giveaways. Let your daughter be a star on this special night! Registration closes Monday, February 4, 2013. *Please let us know if you have any assigned seating requests.* Ages: All. **FEE:** \$100/pair, \$40/add'l sibling until January 13; after January 13, \$110/pair, \$45/add'l sibling



Saturday, February 9, 2013	5:30 - 9:30 p.m.	The Woodlands Waterway Marriott
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Arts in the Park

Enjoy an afternoon with your family and friends at Rob Fleming Park! Bring your lawn chairs and coolers and enjoy a variety of entertainment from local theatre arts groups. Local artisans are on-site with handmade works of art to purchase for gifts or just for you! The Kid Zone includes bounce houses and crafts where kids can explore their creative side. Ages: All. **FEE:** Free! Art and concessions available for purchase.

Saturday, March 9	2 - 6 p.m.	Rob Fleming Park
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Touch-a-Truck

Fun for the entire family! Get up close and personal with all kinds of big trucks. The "construction zone" has tons of opportunities for kids to get messy, plus a giant sandbox! **Rain out day is Saturday, April 20, 2013.* Ages: All. **FEE:** Free! *No registration required*

Saturday, February 23*	9 a.m. to noon	Rob Fleming Aquatic Center
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"In the Spotlight" Teen Talent Show

In the Spotlight Teen Talent Show highlights the talents of teens, ages 13 to 18. The competition is judged on the abilities of each contestant/group according to their overall appeal, showmanship, interaction with the audience and overall talent. Winners will have the option to perform at the Arts in the Park event on Saturday, March 9, 2013! Sign up to audition today, either online or at The Woodlands Township Recreation Center. Call 281-210-3950 for details. **FEE:** \$10/act to audition

Auditions

Tuesday, February 12 or Wednesday, February 13	Individual audition times will be assigned after registration	Rec Center
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Talent Show

Friday, March 1	7 - 10 p.m.	Waterway Square
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Concert in the Park Spring Series

All concerts are held at beautiful Northshore Park, 2505 Lake Woodlands Drive. Ages: All. **FEE:** Free!

Sunday, March 10	5:30 - 7:30 p.m.	Buck Yeager Band (<i>Country</i>)
Sunday, March 17		Fidelity Maxx (<i>Old School Funk</i>)
Sunday, March 24		The Fab 5 (<i>British Invasion</i>)
Sunday, April 7		Swing Thing (<i>Country Swing</i>)
Sunday, April 14		Alter Ego (<i>Classic Rock / Variety</i>)
Sunday, April 21		Mood Indigo (<i>Jazz</i>)
Sunday, April 28		Little Queen (<i>Variety</i>)

Concert in the Park is produced by The Woodlands Township and presented by



Please check The Woodlands Township Web site for the complete schedule.

Join us for a brand new Hunt through the Holidays series! See page 7 for details!

SPRING into Concert in the Park!

Kick off the Concert in the Park spring season with a bang! Visit the Township tent for raffle prizes and other fun activities. Ages: All. **FEE:** Free!

Sunday, March 10	5:30 - 7:30 p.m.	Northshore Park
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Who Let the Leprechaun Loose at Northshore Park?

Join us on St. Patrick's Day for a sensational scavenger hunt as we hunt for all things GREEN! Ages: 5 - 10. **FEE:** Free! *On-site registration required*

Sunday, March 17	6 - 6:30 p.m.	Northshore Park
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Basket Full of "Egg"cellent JAMS!

Take part in an Easter egg hunt. Don't forget your camera! Ages: 12 and younger. **FEE:** Free! *On-site registration required beginning at 4 p.m.*

Sunday, March 24	5 p.m. <i>sharp!</i>	Northshore Park
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Hunt for Buried Treasure

Meet at the Township tent with your pirate hat and patch for a hunt for buried treasure. Ages: 5 - 10. **FEE:** Free! *On-site registration required*

Sunday, April 7	6 - 6:30 p.m.	Northshore Park
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Sandsations - 3rd Annual Sandcastle Building Contest

Bring shovels and build as an individual, team or family. Prizes for everyone who participates! Ages: All. **FEE:** Free! *On-site registration required*

Sunday, April 14	5 - 6:30 p.m.	Northshore Park
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Can-Do Recyclable Robots

Bring recyclables to the Township tent to build your own one-of-a-kind robot! Ages: 5 - 12. **FEE:** Free! *On-site registration required*

Sunday, April 21	5:30 - 6:30 p.m.	Northshore Park
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Sunny Dayz Sneak Peak

Try a sample of our Sunny Dayz Summer Camp with an hour full of camp fun! Ages: All. **FEE:** Free! *On-site registration required*

Sunday, April 28	5:30 - 6:30 p.m.	Northshore Park
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6th Annual Camp Ter-Ra-Mont

Get away without leaving The Woodlands! Camp out and enjoy crafts, games and outdoor activities. Dinner, breakfast, snack and all activities are included, just bring your tent and sleeping bags! **Registration required.** Ages: All. **FEE:** Family of four: \$125 Resident, \$30/additional family member. **Need a tent and sleeping bags?** Buy four sleeping bags and a tent for \$100, \$60 tent only, \$25/additional bag

Saturday, March 23 - Sunday, March 24	2 p.m. - 9 a.m.	Terramont Park	#6069.103
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6th Annual Creekwood Fishing Derby

Bring your fishing poles and we'll provide the bait! T-shirts are given on first-come, first-served basis. Prizes will be awarded for longest, heaviest and smallest fish caught. The 6th Annual Creekwood Fishing Derby is sponsored by The Woodlands Professional Firefighters Association. Ages: All.

FEE: Free! **No registration required**



Saturday, April 13	8 - 10 a.m.	Creekwood Park & Pond	
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EASTER FUN FOR THE WHOLE FAMILY!

Brunch with the Bunny

Bring out the family for some Easter fun, including an egg hunt and Easter craft, plus an "egg"cellent brunch! Don't forget to bring your camera! Ages: All. **FEE:** \$30/family of four, \$5/additional family member

Saturday, March 16	10 a.m.	The Lodge at Rob Fleming Park	#6025.113
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The Bunny Bash *featuring the Flashlight Egg Hunt*

Don't miss this "egg" citing new event! The whole family will have a great time with snacks, crafts, music and a flashlight egg hunt! Ages: All. *Ages five and younger will hunt first; ages six and older will hunt after that. **FEE:** \$20/family of four, \$5/additional family member

Thursday, March 28	6 p.m., <i>hunt starts at dusk*</i>	Terramont Park	#6025.123
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Kayak Easter Egg Hunt

Each parent/child kayaking team will take a trip down the Waterway on a search for Easter eggs! **Riva Row Boat House rules apply to this program.** Ages: Any age child, must be accompanied by an adult to ride in the kayak. **FEE:** \$45/pair

Saturday, March 30	3 p.m.	Riva Row Boat House	#6025.133
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Sunny Dayz Drop-In Camp

Come one day or all days; just make sure to register early! Ages : 6 - 12.

FEE: \$50/day, \$15/day sibling discount

Monday, January 7 <i>January Jam</i>	7:30 a.m. - 5:30 p.m.	Rec Center	#2031.113
Monday, January 21 <i>It's a Jungle in January</i>	7:30 a.m. - 5:30 p.m.	Rec Center	#2031.123
Monday, February 18 <i>President Palooza</i>	7:30 a.m. - 5:30 p.m.	Rec Center	#2031.133



Spring Break Drop-In Dayz Camp

Sign up for all five days of Spring Break Dayz in advance and receive a \$50 discount! Refund requests on the first day of camp, if approved, will be 50 percent of the camp fee.

Monday, March 11 <i>Beach Ball Bash</i>	7:30 a.m. - 5:30 p.m.	Rec Center	#2031.143
Tuesday March 12 <i>Luau Lounge</i>	7:30 a.m. - 5:30 p.m.	Rec Center	#2031.153
Wed., March 13 <i>Wet, Wacky and Wild</i>	7:30 a.m. - 5:30 p.m.	Rec Center	#2031.163
Thurs., March 14 <i>Games, Gadgets & Gizmos</i>	7:30 a.m. - 5:30 p.m.	Rec Center	#2031.173
Friday, March 15 <i>Reduce, Reuse, Recycle</i>	7:30 a.m. - 5:30 p.m.	Rec Center	#2031.183



COMING SOON...SUMMER CAMPS!

Believe it or not, summer is around the corner and now is the time to start thinking about where your kids will spend their long hot days. Why not have fun at the many camps available through The Woodlands Township Recreation Center!



Open Water Swim Day

Practice open water swimming to prepare for your next triathlon. No instruction provided. Walk-up registration welcome. *Last swimmer must enter water before 8:30 a.m. **Last swimmer must enter water before noon. ***Swimmers must exit water between 9:30 and 10:30 a.m. Ages: 14 and older. **FEE: Short Course:** \$15, **Long Course:** \$25, **Both Courses:** \$30

Saturday, April 27	Long Course*: 7:30 - 9:30 a.m.	Northshore Park	#5184.113
Saturday, April 27	Short Course*: 10:30 a.m. - 12:30 p.m.	Northshore Park	#5184.123
Saturday, April 27	Both Courses***: 7:30 a.m. - 12:30 p.m.	Northshore Park	#5184.133

Open Water Swim Clinic with TJ *Great for first time triathletes*

Designed for athletes new to open-water swimming, participants will learn about the specific challenges with swimming in the CB&I TRI. Additional training materials and tips given prior to swimming the course. **Must register in advance!** Instructor: TJ Fry. Ages: 14 and older. **FEE:** \$25 Resident, \$30 Non-resident (includes one open water short course)

Saturday, April 27	10 a.m. - 12:30 p.m.	Northshore Park	#5183.123
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Triathlon First Timer's Clinic *Overall Review and Swim Practice*

Designed to educate triathletes on basic fundamentals involved with completing a sprint-distance triathlon. It will familiarize participants with swim, bike, run, transition techniques and maps, as well as a checklist for race day. **Must register in advance!** Coach: Sandra Sutherland, USAT, RCCA, TXTRI. Ages: 14 and older. **FEE:** \$35 Resident, \$40 Non-resident (includes one open water short course)

Saturday, April 27	10 a.m. - 12:30 p.m.	Northshore Park	#5183.113
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Spaces for the CB&I TRI and Muddy Trails races are limited. Sign up today before they fill up!

6th Annual Muddy Trails Bash

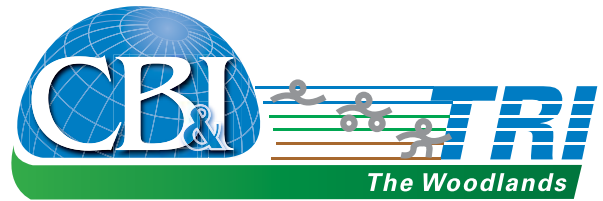
There is something for everyone at this event including a 5K run, 10K run, one-mile kids' fun run, 2K9 fun run for you and your dog plus a crawfish competition and festival in the park. All courses wind through the beautiful George Mitchell Nature Preserve, located on 1,800 wooded acres adjacent to Rob Fleming Park in Creekside Park. All racers will receive a finisher's medal and free food at the post race party! Ages: 5 and older. **FEE: see chart below**



Saturday, April 6	4 p.m.	The Lodge at Rob Fleming Park
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5K Run	USA Track and Field Sanctioned timed run	Jan. 1 - Feb. 15 - \$25 Feb. 16 - Apr. 5 - \$30 Race Day - \$35
10K Run	USA Track and Field Sanctioned timed run	Jan. 1 - Feb. 15 - \$30 Feb. 16 - Apr. 5 - \$35 Race Day - \$40
Kids' Fun Run	One-mile untimed fun run	Jan. 1 - Feb. 15 - \$20 Feb. 16 - Apr. 5 - \$25 Race Day - \$30
2K9 Fun Run	1.1-mile untimed fun run	Jan. 1 - Feb. 15 - \$20 Feb. 16 - Apr. 5 - \$25 Race Day - \$30
Post Race Party with a live band and kid zone		Free to enter; food available for purchase

10th Anniversary



500-meter swim • 15-mile bike • 5K run

The CB&I TRI - The Woodlands triathlon, a USAT sanctioned and certified event, is scheduled for Saturday, May 4, 2013, 6:45 a.m., at Northshore Park. The triathlon consists of a 500-meter swim, a 15-mile bike and a 5K run. Registration will be capped at 1,000 participants. For more information, call 281-210-3800 or e-mail traces@thewoodlandstowship-tx.gov. To register, visit www.thewoodlandstowship-tx.gov/races.

Early Registration

January 1 - 31	\$85 Individual, \$130 Relay Team
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Registration

February 1 - 28	\$95 Individual, \$140 Relay Team
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Late Registration

March 1 - until filled	\$105 Individual, \$140 Relay Team
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Muddy Bowl at Muddy Trails Bash

Do you have the best boiled crawfish in town? Join us for the chance to gain bragging rights about your crawfish! Teams (**up to eight members**) will receive a minimum of two sacks of crawfish, ice, serving containers, a 10' x 10' tent, table and chairs. Each team must supply their own cooking materials, spices and fire extinguisher. The boil is held right before the Muddy Trails race. Teams will compete for Most Unique, People's Choice, Best Decorated Tent and Best Cajun Dish. Ages: All. **FEE:** \$150/team of five, \$5/additional member

Saturday, April 6	Cooking begins at noon	The Lodge at Rob Fleming Park
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RIVA ROW BOAT HOUSE PROGRAMS

Register for a great program or plan a personalized group event at our newest recreation facility!

Fees *No cap on hourly rentals*

Tandem: \$20 for first hour, \$5/add'l hour

Single: \$15 for first hour, \$5/add'l hour



Operational Hours

Beginning January 2, 2013: 9 a.m. to sunset; closed Tues. & Wed.

Riva Row Boat House

2101 Riva Row, The Woodlands, Texas 77380

281-210-3965 • www.thewoodlandstownship-tx.gov

Group Outing

Have your next birthday party, family reunion, special interest group or company team building event at the Riva Row Boat House! Scavenger hunts, guided tours, communication drills and much more. Ages: All.

FEE: Packages start at \$200; #9550.103

Lake Woodlands Excursion

Let us guide you around Lake Woodlands on a two-hour tour. We will provide a snack, a drink and the kayak. **Must register in advance of the class.** Ages: All. **FEE:** \$40/first person, \$15/second person

Saturday, March 2	10 a.m. - noon	Riva Row Boat House	#9000.113
Saturday, March 16	10 a.m. - noon	Riva Row Boat House	#9000.123
Saturday, April 6	10 a.m. - noon	Riva Row Boat House	#9000.133
Saturday, April 20	10 a.m. - noon	Riva Row Boat House	#9000.143
Saturday, May 4	10 a.m. - noon	Riva Row Boat House	#9000.153
Saturday, May 18	10 a.m. - noon	Riva Row Boat House	#9000.163

Little Kayak Adventurer

Mom, dad, grandparents: bring your little adventurer and we will show you the ins and outs of a kayak; you'll even go for a ride! Snack and drink are provided. Ages: All. **FEE:** \$20/class

Thursday, March 7	4:30 - 5:30 p.m.	Riva Row Boat House	#9010.113
Thursday, March 21	4:30 - 5:30 p.m.	Riva Row Boat House	#9010.123
Thursday, April 11	4:30 - 5:30 p.m.	Riva Row Boat House	#9010.133
Thursday, April 25	4:30 - 5:30 p.m.	Riva Row Boat House	#9010.143
Thursday, May 9	4:30 - 5:30 p.m.	Riva Row Boat House	#9010.153
Thursday, May 23	4:30 - 5:30 p.m.	Riva Row Boat House	#9010.163

Kayaking 101

Learn the basics of this great sport! We'll teach you all you need to know to get started. You will even get to kayak beautiful Lake Woodlands.

Ages: 12 and older. **FEE:** \$40/person

Saturday, March 9	10 a.m. - noon	Riva Row Boat House	#9020.113
Saturday, March 23	10 a.m. - noon	Riva Row Boat House	#9020.123
Saturday, April 13	10 a.m. - noon	Riva Row Boat House	#9020.133
Saturday, May 11	10 a.m. - noon	Riva Row Boat House	#9020.143
Saturday, May 25	10 a.m. - noon	Riva Row Boat House	#9020.153

Private Kayaking Lessons

Make an appointment with our certified kayak instructor for a dynamic and in-depth lesson; it's everything you need to know to start paddling! Please call the Boat House for an appointment. Ages: 10 and older.

FEE: *Single lesson:* \$40/one person, \$50/two people; *Three-lesson package:* \$100/one person, \$135/two people; #9001.113

Picnic Pack

Grab a friend or a loved one and meet us at the Riva Row Boat House for a picnic lunch and a cruise in a kayak! Must provide at least 24 hours notice. **FEE:** \$60, includes a two-hour tandem rental and lunch from Hubbell and Hudson; #9100.103

Lake Woodlands Clean Up

Join us and help keep Lake Woodlands trash free! Just pick a day below and register. You will receive a trash bag and when you bring it back full of trash, you will get a free one-hour rental the next time you visit. **You must stay in the boat.** Please call Boat House to register.

Saturday, March 2	any time	Riva Row Boat House	#9500.113
Saturday, April 6	any time	Riva Row Boat House	#9500.123
Saturday, May 4	any time	Riva Row Boat House	#9500.133

Introduction to Stand Up Paddling (SUP)

Learn the basic skills to SUP. Great family fun and exercise! Please call the Boat House to set up your class day and time. Ages: 8 and older.

FEE: \$50/person for 1.25 hours; #9320.103



Check out the Township Web site or with Riva Row Boat House for new and exciting programs starting this spring!

PROGRAM AND EVENT UPDATES

The Woodlands Township makes every effort to ensure the accuracy of program information. Updates, such as fees and location changes, to programs and events will be posted to

www.thewoodlandstownship-tx.gov/programupdates.

OUTDOOR EDUCATION PROGRAMS

Fly Casting Clinics

Learn basic casting fundamentals and provide a groundwork for understanding fly rods and reels, basic fly types and other components of fly fishing. You'll need comfortable clothing, sunglasses and sunscreen. All equipment provided.

Ages: **Individuals:** 14 and older.

Families: 11 and older. **FEE:** **Individuals:** \$50/person Resident, \$55/person Non-resident; **Families:** \$65/parent-child pair Resident, \$75/parent-child pair Non-resident



Individual Clinic

Sunday, March 17	9 a.m. - noon	Alden Bridge Park	#4562.113
Sunday, May 19	9 a.m. - noon	Alden Bridge Park	#4562.123

Family Clinic

Sunday, March 17	1 - 4 p.m.	Alden Bridge Park	#4563.113
Sunday, May 19	1 - 4 p.m.	Alden Bridge Park	#4563.123

Hook, Line and Sinker

Kick back on the pond and let our Park Rangers teach you the basics of fishing. This one-day clinic will teach your child how to tie up a line, bait a hook and catch a fish. Parents are welcome to join in the fun. Fishing poles are required. Ages: 5 - 14. **FEE:** Free! **Must register in advance.**

Saturday, April 6	8 - 10 a.m.	Creekwood Park	#4060.103
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Wilderness Survival

Participants will learn about the survival mind set, conventional and alternative fire methods, signaling, water collection, basic snare construction and protection from the elements in this learn-by-doing class. Wear comfortable seasonable clothing, sunglasses and sunscreen, and be prepared to have some fun! All equipment provided. **No experience necessary.** Ages: 14 and older; 11 and older if participating with a parent. **FEE:** \$55/person Resident, \$60/person Non-resident

Sunday, April 21	1 - 5 p.m.	Jones State Forest	#4577.103
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Wilderness First Aid

This 16-hour course is perfect for those involved in activities that take them beyond the boundaries of traditional urban emergency medical services, like hikers and backpackers. This course meets the requirements for training in back country emergency response and is approved by the American Camping Association and Boy Scouts and Girl Scouts of America. Two-year certification issued upon successful completion. **No experience required.** Ages: 14 and older. **FEE:** \$140/person Resident, \$150/person Non-resident

Saturday, February 23 and Sunday, February 24	8 a.m. - 5 p.m.	The Lodge at Rob Fleming Park	#4578.113
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14th Annual World Tai Chi and Qigong Day

Be a part of an unprecedented and moving global happening in more than 70 nations as hundreds of cities worldwide gather for World Tai Chi Day. Tens of thousands of people will come together for the sole purpose of advancing personal and global health and healing. Activities include a mass demonstration by local schools, free classes in tai chi and qigong, and tai chi demonstrations. Age: All. **FEE:** Free!

Saturday, April 27	9 a.m. to noon	The Lodge at Rob Fleming Park	
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Participate in a free tai chi demonstration

Saturday, April 20	9 - 10 a.m.	Rec Center	
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PRESCHOOL PROGRAMS

Tyke Hike

A hike designed for your little tyke! Special surprises and a scavenger hunt for items to collect along the way will keep your little one interested and ready for more! A snack is provided at the end of the quarter-mile hike. **Parent participation required.** Ages : 3 - 6. **FEE:** \$12/child

Monday, February 25	1 - 2 p.m.	George Mitchell Trailhead - Creekside	#5742.113
Tuesday, March 19	10 - 11 a.m.	George Mitchell Trailhead - Creekside	#5742.123
Wednesday, April 10	1 - 2 p.m.	George Mitchell Trailhead - Creekside	#5742.133
Thursday, May 9	10 - 11 a.m.	George Mitchell Trailhead - Creekside	#5742.143

Building Brains — LEGO® Preschool

Use LEGO® Duplo and K'NEX educational kits to build math and science skills. These educational building kits have specially designed gears, levers and pulleys that teach students to build simple machines that really work! www.buildingbrains.biz. Age: 3 - 5. **FEE:** \$100 Residents, \$110 Non-residents

Saturdays, February 16 - March 9	10:45 a.m. - 12:15 p.m.	Rec Center	#2299.103
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PROGRAM AND EVENT UPDATES

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www.thewoodlandstownship-tx.gov/programupdates.

Play Smarter Technologies: Mini Monster Lab - NEW!

Join the Mini Monster Lab for spellbinding science adventures and experiments. Have a monster of a time with creepy creature creations, microscopic mysteries and kooky chemistry experiments! Mini scientists log their weekly eerie experiment findings in a video that goes home at the end of the class! Ages: 3 - 6. **FEE:** \$150 Resident, \$160 Non-resident

Saturdays, January 5 - February 23	9:30 - 10:30 a.m.	Rec Center	#4655.113
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Xiao Hai: Preschool Mandarin

Designed to teach Mandarin through games, stories, role playing, reading, speaking, listening activities, songs and other interactive activities. Our native-speaking teachers make learning fun! Ages: 3 - 5. **FEE:** \$160/session

Wednesdays, Jan. 9 - Mar. 20	10 - 11 a.m.	Rec Center	#4440.103
Wednesdays, Mar. 27 - May 29	10 - 11 a.m.	Rec Center	#4440.113

Tiny Tot's Golf with Total Golf Adventures

Youngsters will learn golf concepts vital to the swing and make good contact with the ball. Equipment is provided. **Parent participation required.** Ages: 3 - 5. **FEE:** \$80 Resident, \$90 Non-resident, \$15 supply fee



Thursdays, February 7 - 28	9 - 9:45 a.m.	Rec Center	#5753.113
Thursdays, April 4 - 25	9 - 9:45 a.m.	Rec Center	#5753.123
Thursdays, May 9 - 30	9 - 9:45 a.m.	Rec Center	#5753.133

Soccer 4 Tot's

Your child will get a "kick" out of this program! **Parent participation required.** Participants will learn how to pass, dribble, trap and shoot the ball. Shin guards are mandatory. ***No class on March 16.** **FEE:** \$45 Resident, \$50 Non-resident

Ages: 2 - 3 ½

Saturdays, January 5 - 26	9 - 9:40 a.m.	Rec Center	#5602.113
Saturdays, February 2 - 23	9 - 9:40 a.m.	Rec Center	#5602.123
Saturdays, March 2 - 30*	9 - 9:40 a.m.	Rec Center	#5602.133
Saturdays, April 6 - 27	9 - 9:40 a.m.	Rec Center	#5602.143
Saturdays, May 4 - 25	9 - 9:40 a.m.	Rec Center	#5602.153

Ages: 3 ½ - 5

Saturdays, January 5 - 26	9:50 - 10:30 a.m.	Rec Center	#5601.113
Saturdays, February 2 - 23	9:50 - 10:30 a.m.	Rec Center	#5601.123
Saturdays, March 2 - 30*	9:50 - 10:30 a.m.	Rec Center	#5601.133
Saturdays, April 6 - 27	9:50 - 10:30 a.m.	Rec Center	#5601.143
Saturdays, May 4 - 25	9:50 - 10:30 a.m.	Rec Center	#5601.153

Sports of All Sorts

What better way to find out what your child wants to play! Your little athlete will love getting a taste of basketball, soccer, playing catch and working as a team! There will be a few surprises in store, too! ***No class on March 16.** Ages: 3 - 5. **FEE:** \$45 Resident, \$50 Non-resident

Saturdays, January 5 - 26	10:40 - 11:20 a.m.	Rec Center	#5741.113
Saturdays, February 2 - 23	10:40 - 11:20 a.m.	Rec Center	#5741.123
Saturdays, March 2 - 30*	10:40 - 11:20 a.m.	Rec Center	#5741.133
Saturdays, April 6 - 27	10:40 - 11:20 a.m.	Rec Center	#5741.143
Saturdays, May 4 - 25	10:40 - 11:20 a.m.	Rec Center	#5741.153

Fury Mini-Sluggers

Learn the fundamentals of T-ball from a professional coach! All aspects of the game are covered including catching, throwing and running the bases. Each session is four weeks long. Participants must bring their own mitt.

Ages: 4 - 6. **FEE:** \$65 Resident, \$75 Non-resident

Tuesdays, Feb. 12 - March 5	4 - 5 p.m.	Alden Bridge Sportsfields	#5737.103
Tuesdays, April 2 - 23	4 - 5 p.m.	Alden Bridge Sportsfields	#5737.113

Play Ball

This class is a great way to introduce your child to a variety of sports! Baseball, basketball, soccer, hockey, volleyball, tennis and golf. No class is ever the same! ***No class held the week of March 11.** **FEE:** \$120 Residents, \$130 Non-residents, \$15 one-time registration fee for all new participants (includes a T-shirt)

Ages: 2 - 3

Mondays, Feb. 4 - Apr. 15*	9:30 - 10 a.m.	Rec Center	#5662.113
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Age: 4

Mondays, Feb. 4 - Apr. 15*	10 - 10:30 a.m.	Rec Center	#5664.113
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Tiny Tennis

Children will play a variety of games and drills that focus primarily on hand-eye coordination. Skills are taught with an emphasis on tennis. All participants must bring their own racquet. Ages: 3 - 5. **FEE:** \$45 Resident, \$55 Non-resident

Thursdays, January 10 - 31	10:30 - 11 a.m.	Rec Center	#5700.113
Thursdays, February 7 - 28	10:30 - 11 a.m.	Rec Center	#5700.123
Thursdays, March 7 - 28	10:30 - 11 a.m.	Rec Center	#5700.133
Thursdays, April 4 - 25	10:30 - 11 a.m.	Rec Center	#5700.143
Thursdays, May 2 - 23	10:30 - 11 a.m.	Rec Center	#5700.153





Got a birthday coming soon?

Celebrate it at The Woodlands Township Recreation Center! We have a prime location with lots of possibilities, such as having access to the multipurpose court, skate park, tennis courts, playground and pool. There are two great rooms that can be reserved for less than \$100 for two hours. Give us a call at **281-210-3950** and reserve your next birthday party with us.

Book a **LEGO® birthday party** at The Woodlands Township Recreation Center and Building Brains will entertain the kiddos for one hour building levers, pulleys and more! Visit BuildingBrains.biz for more information. The rental includes a room, tables and chairs on a Saturday of your choosing (*pending availability*) from 2 to 5 p.m. for \$300. To book your date, please call **281-210-3950** or e-mail parkrec@thewoodlandstowship-tx.gov.



Private Horse Riding Lessons and Mommy & Me Program*

The Woodlands Stables is dedicated to providing riding lessons that teach students the skill of horse riding. Lessons include tacking and grooming, untacking, bathing and caring for the horse. **Parent participation required* for Mommy & Me program. Call 281-259-9876 to schedule or visit www.woodlandshordestables.com for more information. Ages: **Mommy & Me:** 2-5, **Lessons:** 5 and older. **FEE:** **Mommy & Me:** \$45/class, **Lessons:** \$55/lesson

Mon. Tues. Wed., Thurs or Fri.	5 - 6 p.m.	The Woodlands Stables 10334 Kleppel Road Tomball, Texas
	6 - 7 p.m.	
	7 - 8 p.m.	
Saturdays	8 - 9 a.m.	The Woodlands Stables 10334 Kleppel Road Tomball, Texas
	9 - 10 a.m.	
	10 - 11 a.m.	
	11 a.m. - noon	
	1 - 2 p.m.	
	2 - 3 p.m.	

PERFORMING ARTS DANCE WITH CAROLINE BATSON

All classes are geared towards the joy of learning dance and performing on stage. Caroline Batson is a degreed dance professional with 30 years of experience.

Baby Ballet *Join any time!*

This class is a great introduction to the wonderful world of dance including proper dance technique, terminology and dance etiquette. Listening skills, sharing and waiting turns help our little ballerinas in and outside of the dance class. Required attire: black leotard, pink tights, pink leather ballet shoes; tutus welcome! **Parent participation required.** Ages: 2 - 3½. **FEE:** \$55/month Resident, \$60/month Non-resident



Thursdays, Jan. 10 - May 23	10 - 10:30 a.m.	Rec Center
Thursdays, Jan. 10 - May 23	10:30 - 11 a.m.	Rec Center

Ballet & Tap *Join any time!*

Ballet and tap taught in a creative and fun way! Proper ballet/tap technique, terminology and etiquette taught focusing on listening, following directions and waiting turns. Required attire: black leotard, pink tights, pink leather ballet shoes and black tap shoes. Your favorite tutu is always welcome. Ages: 3 ½ - 5. **FEE:** \$75/month Resident, \$85/month Non-resident

Thursdays, Jan. 10 - May 23	11 a.m. - noon	Rec Center
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HUNT through the Holidays - NEW! *(Youth program)*

Get ready to have some fun in this new scavenger hunt series! You can join us for one class or for the whole series! Ages: 6 - 10. **FEE:** \$20/class, \$65 for the whole series

Come find Cupid

It is Valentine's Day and Cupid is lost in the park! Join us for an extra special red, pink and heart-filled hunt, plus a sweet treat for you and your special someone.



Tuesday, February 14	4 - 5 p.m.	Rec Center
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Hop, Hop, Hide

Join us for this "egg"-tra exciting Easter egg hunt with a twist of capture of the flag. We will also dye eggs and have a special visit from the Easter Bunny!



Tuesday, March 26	4 - 5 p.m.	Rec Center
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Huntin' for Something GREEN

Wear your camouflage and bring your recyclables! We are hunting through the park for green "treasures" to make unique masterpieces.



Thursday, April 25	4 - 5 p.m.	Rec Center
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Sun, Fun, Run

Celebrate summer by bringing your swimsuit and an outfit to get messy as we do water sprinkler relay races, a water balloon run, giant human bubbles and more!



Thursday, May 16	4 - 5 p.m.	Rec Center
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YOUTH PROGRAMS

Building Brains LEGO® Spring Break Camp

Build simple motorized machines using gears, levers and pulleys using LEGO® and K'NEX kits. Compete to build the best design. Pack a lunch, two snacks, water bottle, tennis shoes and sunscreen. Instructor: BuildingBrains.biz. Ages: 5 - 10. **FEE: Half Day:** \$225 Resident, \$235 Non-resident; **Full Day:** \$365 Resident, \$375 Non-resident

March 11 - 15 (M - F)	9 a.m. - noon	Rec Center	#2298.113
March 11 - 15 (M - F)	9 a.m. - 4 p.m.	Rec Center	#2298.123

Building Brains – Youth LEGO®

Building Brains uses LEGO® Duplo and K'NEX educational kits to build math and science skills. These kits have specially designed gears, levers and pulleys that teach students to build simple machines that really work. Students will build simple machines while building fine motor skills and confidence. BuildingBrains.biz. Ages: 6 - 10. **FEE:** \$100/child

Saturdays, January 12 - February 2	10:45 a.m. - 12:15 p.m.	Rec Center	#2298.133
Saturdays, March 30 - April 20	10:45 a.m. - 12:15 p.m.	Rec Center	#2298.143

Cool Kids Hip-Hop Dance

Boys and girls can improve their coordination, motor skills, fitness, memorization and, most importantly, their confidence! Dance Instructor Whitney Grunder, in association with WhitneyGZdance, has more than 10 years experience and will provide students with fun, upbeat music and high-energy choreography. ***No class held March 13.** Ages: 6 - 10. **FEE:** \$100 Resident, \$110 Non-resident, \$15 drop-in

Wednesdays, Jan. 9 - Feb. 27	5:30 - 6:15 p.m.	Rec Center	#3605.103
Wednesdays, Mar. 6 - May 1*	5:30 - 6:15 p.m.	Rec Center	#3605.113

Jazz Kids Dance Class – NEW!

Students will learn exciting routines combining dance technique and movement, with a mini performance at the end of the session for family and friends! Dance Instructor Whitney Grunder, in association with WhitneyGZdance, has more than 10 years experience and will provide students with fun, upbeat music and high-energy choreography. ***No class held March 13.** Ages: 6 - 10. **FEE:** \$100 Resident, \$110 Non-resident, \$15 drop-in

Wednesdays, Jan. 9 - Feb. 27	6:15 - 7 p.m.	Rec Center	#3156.113
Wednesdays, Mar. 6 - May 1*	6:15 - 7 p.m.	Rec Center	#3156.133

Bollywood Blast for Kids *All kids welcome*

Join the Bollywood workout! This fun and easy calorie-burning workout has you dancing to the rhythms of Bollywood songs that are always changing, challenging and fun. Ages: 7 and older. **FEE: Eight classes:** \$100 Resident, \$110 Non-resident, \$15 drop-in

Fridays, January 4 - March 8	5:30 - 6:30 p.m.	Rec Center	#5294.113
Fridays, March 22 - May 10	5:30 - 6:30 p.m.	Rec Center	#5294.123

**PARENTS CAN
GET FIT, TOO!**

Moms and dads, use the fitness room to get your own workout while your kids are in class! Pay a discounted drop-in rate of \$3.



Kids Yoga with Thais – NEW!

Kids yoga is a physical activity that's playful and noncompetitive, and helps provide self-esteem and body awareness. It enhances children's flexibility, strength, coordination, concentration and calmness through storytelling, music, games and simple breathing exercises and yoga postures. **Bring a mat and water.** Ages 3 - 6. **FEE:** \$60 Resident, \$70 Non-resident, \$15 Drop-in (when space permits)

Tuesdays, March 5 - April 9	4 - 4:30 p.m.	Rec Center	#5501.113
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Angry Birds

Delve into the world of Angry Birds by building structures and then demolishing them while trying to knock down those evil green pigs! Children will use various building materials and slingshot "birds" made from a variety of different mediums ranging from water balloons, foam balls, papier-mâché piñatas and plush characters. We will even go on a Golden Egg hunt and make edible Angry Bird snacks! Ages: 5 - 12. **FEE:** \$70 Resident, \$80 Non-resident

January 15 - 24 (T/Th)	4:30 - 5:45 p.m.	Rec Center	#4717.103
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Mythbusters

Myth or fact? That is the question for mythbusters! Use the scientific method to confirm or bust myths such as will a lemon illuminate a light bulb? Or is it possible to pull apart two phone books that are laid down with alternating pages? Let's experiment! Ages: 5 - 12. **FEE:** \$80 Resident, \$90 Non-resident

April 8 - 17 (M/W)	4:30 - 5:45 p.m.	Rec Center	#4718.103
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Harry Potter

Calling all "muggles!" Your training begins with a division of students into their "houses" by the sorting hat. Students will make dragon drool, invisible ink, experiment with "potions," and levitate objects with a special wand. Students will also play Quidditch, make Butterbeer, chocolate frogs and engage in duels. Ages: 5 - 13. **FEE:** \$90 Resident, \$100 Non-resident

Jan. 29 - Feb. 7 (T/Th)	5 - 6:15 p.m.	Rec Center	#4705.103
April 22 - 25 (M - Th)	5 - 6:15 p.m.	Rec Center	#4705.113

Play Smarter Technology Brainy Bugs - NEW!

Bug biologists enter the entomology lab for microscopic investigations into the big world of bugs! Creep along with us as we fly from one creepy crawly quest to another experimenting with robo-bug building, creepy crawler creations and more! Biologist create a digital bug book that goes home at the of class. Ages: 6 - 10. **FEE:** \$150 Resident, \$160 Non-resident

Saturdays, Jan. 5 - Feb. 23	10:45 - 11:45 a.m.	Rec Center	#4657.103
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Abracadabra!

Discover the science behind magic tricks! Optical illusions, sleight-of-hand tricks, misdirection and chemical reactions will arm students with the skills to fascinate friends of all ages. Hocus pocus and prepare to focus on fun and excitement as students dis-SPell the mystery behind the magic. Ages: 5 - 12. **FEE:** \$70 Resident, \$80 Non-resident

March 4 - 7 (M - Th)	4:45 - 5:45 p.m.	Rec Center	#4590.103
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Star Wars Science

Have your child test their Jedi powers by performing some out-of-this-world experiments such as examining unseen forces like magnetism and static electricity to levitate objects. We will make Mustafar volcanoes explode, galactic goo, hovercrafts and more. May the force be with you! Ages: 3 - 10. **FEE:** \$60 Resident, \$70 Non-resident

February 19 - 22 (T - F)	5 - 6:15 p.m.	Rec Center	#4713.103
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Rock Band for Kids! By Lessons On The Go

Kids will form rock bands, create band names and posters, and perform in a live rock show on the last day for family and friends! They'll learn to master guitar, bass, drums, keyboard or voice. Rock on! ***No class held Easter weekend.** Ages: 7 - 18. **FEE:** \$250/person, \$20 sibling discount

Saturdays, March 2 - May 11*	9 - 10:30 a.m.	Rec Center	#4088.113
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Chess for Kids! By Lessons On The Go

Learn chess strategies and tactics with interactive instruction and exciting one-on-one matches! New concepts introduced daily. Great for beginners and advanced players. ***No class held Easter weekend.** Ages: 7 - 13. **FEE:** \$175/person, \$20 sibling discount

Saturdays, March 2 - May 11*	9 - 10:30 a.m.	Rec Center	#4087.113
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Spanish Adventures: Vamos con la Familia y Vamos con la Musica

This adventure class is divided into two parts: during the first part, the mascots, Dani and Beto, visit relatives in Peru. New vocabulary includes family members, colors, clothing, and many new adjectives. Culture elements include lessons on the Incas, Machu Picchu, Peruvian food, Andes Mountains and the ancient geoglyphs called the Nazca lines. The second part focuses on Latin American music. Students "travel" to a concert, listen to music and explore dance all in Spanish. No prior knowledge of Spanish necessary. ***No class held March 11.** Ages: Grades 1 - 5. **FEE:** \$285 Resident, \$295 Non-resident, \$25 registration

Mondays, Feb. 4 - April 29*	4 - 5 p.m.	Rec Center	#2627.103
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Art Afterschool

City ArtWorks offers engaging, hands-on, fun classes after school that focus on specific artists and art periods each semester. Classes are open to artists of all skill levels. For information, please visit www.cityartworks.org or call 713-681-1331. ***No class held March 11 or March 13.** Ages: Grades 1 - 5. **FEE:** \$150 includes all supplies, instruction and a student portfolio

Mondays, Feb. 4 - April 15*	4:15 - 5:15 p.m.	Rec Center	#4484.103
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Wednesdays, Feb. 6 - April 17*	4:15 - 5:15 p.m.	Rec Center	#4484.113
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ACT Test Prep

Prepare for the ACT college entrance exam with highly effective strategies for the English, math, reading and science sections. Real ACT problems are administered. Instructor has more than 12 years experience preparing students for the ACT/SAT. A test prep packet is supplied to each student. **Purchase of The Real ACT Prep Guide is required.** Ages: 14 - 18. **FEE:** \$90 Resident, \$100 Non-resident

March 18 - April 10 (M/W)	7 - 8:15 p.m.	Rec Center	#4644.103
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SAT Test Prep

Prepare your student for the SAT with highly effective strategies for the verbal, math and writing sections. Your child's confidence will skyrocket after learning the correct way to approach the problems. Real SAT practice problems are administered. Instructor has more than 12 years experience with SAT/ACT. A test prep packet is supplied to each student. **Purchase of The Official SAT Study Guide is required.** Ages: 14 - 18. **FEE:** \$100 Resident, \$110 Non-resident

February 5 - March 7 (T/Th)	7 - 8:15 p.m.	Rec Center	#4645.103
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Private and Group Tutoring

Help your children achieve better results this school year in any subject, level or grade; math, language arts, reading, writing, chemistry, biology, Spanish as well as music (voice, guitar, piano). Contact languageandartcenters@yahoo.com for details and scheduling. Classes held at the Recreation Center. Ages: 6 and older. **FEE: Private:** \$46/hour, **Group:** \$20/hour

Afterschool Enrichment Mandarin

Our native-speaking instructors will teach Mandarin through games, stories, role playing, reading, speaking, listening activities, songs and other interactive activities. Ages: 6 - 12. **FEE:** \$180/session

Wednesdays, Jan. 9 - Mar. 20	4:30 - 6 p.m.	Rec Center	#4440.123
Wednesdays, Mar. 27 - May 29	4:30 - 6 p.m.	Rec Center	#4440.133

Learn a Language during Spring Break!

Designed to teach Mandarin Chinese or Spanish through games, stories, role playing, reading, speaking, listening activities, songs, arts and crafts, dance and other interactive activities. Ages: 5 - 12. **FEE:** \$350

March 11 - 15 (M - F)	9 a.m. - 3 p.m.	Rec Center	#4440.143
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Private Basketball Lessons with Coach Crowe

Improve your basketball fundamentals and learn proper shooting and dribbling techniques. Coach Crowe is a former high school (boys and girls) basketball coach and former collegiate basketball player. Contact Mike Crowe at 281-352-8573 for details and scheduling. Ages: 9 - 17. **FEE:** \$65/hour; \$55/hour with five lessons; \$50/hour with 10 or more lessons



i9 Basketball League

Basketball league for beginner and intermediate players. Learn basic basketball skills and drills including passing, shooting, dribbling and offensive and defensive sets. Schedules will be distributed prior to the season with dates and times for practices and games; younger teams play first. Ages: 4 - 13. **FEE:** \$139/person, includes jersey, equipment, two medals and end-of-season party

Sundays, January 20 - March 10	time TBD	Rec Center
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i9 Sports - Soccer, Flag Football and Basketball

Afterschool Classes

For more information, including registration, visit www.i9sports.com. Ages: 4 - 14, beginner and intermediate levels. **FEE:** \$60/month Resident, \$70/month Non-resident



Soccer - fast-paced drills, skill-building exercises, offensive and defensive positioning and scrimmages

Flag Football - passing and catching, de-flagging, offensive and defensive positioning and scrimmages

month Non-resident

Mondays, January 7 - 28	4:15 - 5:45 p.m.	Shadowbend Park
Mondays, February 4 - 25	4:15 - 5:45 p.m.	Shadowbend Park
Mondays, March 4 - 25	4:15 - 5:45 p.m.	Shadowbend Park
Mondays, April 1 - 22	4:15 - 5:45 p.m.	Shadowbend Park
Mondays, April 29 - May 20	4:15 - 5:45 p.m.	Shadowbend Park

Basketball - passing, shooting, dribbling, shooting and scrimmaging

Thursdays, January 10 - 31	4:30 - 6 p.m.	Rec Center
Thursdays, February 7 - 28	4:30 - 6 p.m.	Rec Center
Thursdays, March 7 - 28	4:30 - 6 p.m.	Rec Center
Thursdays, April 4 - 25	4:30 - 6 p.m.	Rec Center
Thursdays, May 2 - 30	4:30 - 6 p.m.	Rec Center



Gorilla Hole

Monkey around with us! Gorilla Hole is a highly staffed and a well-organized environment for your 5th and 6th graders to have a blast. Kids will make new friends and memories in no time while playing dodgeball, basketball and dancing the night away! Ages: Grades 5 and 6. **FEE:** \$7/person



Friday, January 4	7 - 9:45 p.m.	Rec Center
Friday, January 18	7 - 9:45 p.m.	Rec Center
Friday, February 1	7 - 9:45 p.m.	Rec Center
Friday, February 15	7 - 9:45 p.m.	Rec Center
Friday, April 5	7 - 9:45 p.m.	Rec Center
Friday, April 19	7 - 9:45 p.m.	Rec Center
Friday, May 3	7 - 9:45 p.m.	Rec Center
Friday, May 17	7 - 9:45 p.m.	Rec Center

Swing Into Spring

Two-day golf camp that teaches grip, stance, swing, sportsmanship and golf course knowledge. Kids enjoy learning in a fun, social environment. All equipment provided. Please visit www.TGANH.com for more information, Ages: Grades 1 - 5. **FEE:** \$90 Resident, \$100 Non-resident, \$20 supplies



March 11 and 12 (M/T)	9:30 a.m. - noon	Buckalew Elem. Gazebo	#5754.103
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Fury Sluggers

Stay competitive with instruction from a professional coach. Learn the fundamentals of baseball, focusing on hitting and pitching. Bring your mitt and bat. Ages: 7 - 10. **FEE:** \$75 Resident, \$85 Non-resident

Tuesdays, Feb. 12 - Mar. 5	5 - 6 p.m.	Alden Bridge Sportsfields	#5738.113
Tuesdays, April 2 - 23	5 - 6 p.m.	Alden Bridge Sportsfields	#5738.123

Fury Baseball Private Instruction

Private baseball instruction with an experienced coach, Clint Johnson, specializing in hitting, pitching, catching and fielding. Location and time will be determined by instructor and participant. Call 281-210-3950 to book your lesson. Ages: 5 and older. **FEE:** \$45/half-hour session, \$75/one-hour session

Shred

Learn the basic skating skills that may lead you to becoming a pro skater! Each class is designed to increase skills and build upon the previous class. Bring your skateboard and pads. **Helmets and knee pads are mandatory!** Ages: 7 - 12. **FEE:** \$50 Resident, \$55 Non-resident

Saturdays, March 2 - 23	8:30 - 9:30 a.m.	Bear Branch Skate Park	#4589.103
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Fencing

Fencing is an Olympic sport enjoyed by people of all ages and skill levels. Join instructors Delfina Perka, member of the 1980 Polish Olympic team, and Albert Peters, former head coach of fencing at Cornell University, to learn footwork, technical instruction and boutting. First month, all equipment provided. Ages: 7 and older. **FEE: 1x/wk:** \$100/month Resident, **2x/wk:** \$150/month Resident, **3x/wk:** \$165/month Resident; **Non-residents add \$10** to monthly fee; \$25 late fee for returning students if not paid by 10th of the month

Musketeers (ages 7 - 11)	Tuesdays	4:45 - 5:45 p.m.	Rec Center
	Thursdays	4:45 - 5:45 p.m.	Rec Center
	Saturdays	11:45 a.m. - 12:45 p.m.	Rec Center
Beginners (teens - adults)	Thursdays	5:45 - 6:45 p.m.	Rec Center
	Saturdays	2:15 - 3:15 p.m.	Rec Center
Intermediate / Advanced	Tuesdays	6:30 - 8:15 p.m.	Rec Center
	Thursdays	6:45 - 8:30 p.m.	Rec Center
	Saturdays	12:45 a.m. - 2:15 p.m.	Rec Center

Karate/Tae Kwon Do by TLE Karate

Program includes blocking, kicking and punching techniques along with kicking combinations with form drills; teaches self-defense, self-discipline and self-confidence. Instructor: Travis Lee Everitt, 7th Degree Black Belt, All American Grand Champion and U.S. National Kata Champion. Ages: 5 and older. **Enroll any time. FEE:** \$84/month Resident, \$94/month Non-resident, \$24 drop-in; **No enrollment fees, all fees included**

Beginner (ages 4 - 12) <i>white belt</i>	Thursdays	4:30 - 5:15 p.m.	Rec Center
Intermediate (any age) <i>yellow/orange belts</i>	Thursdays	5:15 - 6 p.m.	Rec Center
Advanced (any age) <i>green belts+</i>	Thursdays	6 - 6:45 p.m.	Rec Center

YOUTH & ADULT TENNIS PROGRAMS

Junior Masters Tennis Program *Join any time!*

New sessions begin each month but you can join any time. Ages: 10 - 18.

FEE: ZATS 1&2: \$162/month Resident, \$172/month Non-resident;

Champs: \$278/month Resident, \$288/month Non-resident

ZAT 1	M / W	5 - 6:30 p.m.	Bear Branch Tennis Courts
ZAT 2	T / Th	5 - 6:30 p.m.	
Champs	M / W / Th	6:30 - 8 p.m.	
ZAT 1 & 2 and Champs	Fridays	5 - 7 p.m.	

Private Physical Education (P.E.) – Tennis

This CISD-approved private physical education class for your junior high student provides a superior level of instruction for singles, doubles and mixed doubles. Class meets Monday - Thursday from 4 to 6:30 p.m. and Friday from 4 to 7 p.m. at The Woodlands Township Recreation Center and Bear Branch Tennis Courts. For CISD's private P.E. details and requirements, visit <http://ci.conroeisd.net/depts/pe/alt/>.

Youth/Adult Private & Semi-Private Tennis Instruction

All of our instructors teach private and semi-private instruction. Dates, times and fees are coordinated with the instructor. For a list of approved tennis instructors, please visit www.thewoodlandstownship-tx.gov or call 281-210-3950 for more information.

Youth Tennis Programs

Monthly tennis class payments need to be made by the 15th of each month to ensure participation in class. Ages: 5 - 16. **FEE:** \$45/month Resident, \$50/month Non-resident

ALL YOUTH TENNIS PROGRAMS ARE NOW HELD MONTHLY!

Cattail Tennis Courts

Program	Ages	Days / Times	Course #
Beginner Rookies	5 - 6	Tue., 4 - 5 p.m.	#8304
	5 - 6	Wed., 10 - 11 a.m.	#8307
Intermediate Rookies	7 - 8	Tue., 5 - 6 p.m.	#8305
Advanced Rookies	7 - 8	Tue., 6 - 7 p.m.	#8306
Beginner Challengers	9 - 10	Wed., 4 - 5 p.m.	#8329
Intermediate Challengers	9 - 10	Wed., 5 - 6 p.m.	#8330
Advanced Challengers	9 - 10	Wed., 6 - 7 p.m.	#8331



Cranebrook Tennis Courts

Program	Ages	Days / Times	Course #
Beginner Rookies	5 - 8	Mon., 6 - 7 p.m.	#8303

Lakeside Tennis Courts

Program	Ages	Days / Times	Course #
Beginner Challengers	9 - 10 ½	Mon., 4:30 - 5:30 p.m.	#8354
	9 - 10 ½	Tue., 4:30 - 5:30 p.m.	#8356
Intermediate/Advanced Challengers	9 - 10 ½	Mon., 5:30 - 6:30 p.m.	#8355
	9 - 10 ½	Tue., 5:30 - 6:30 p.m.	#8359



Rookies

Ages 5 - 8

Are now called:

- Beginner Rookies
- Intermediate Rookies
- Advanced Rookies



Challengers

Ages 9 - 12

Are now called:

- Beginner Challengers
- Intermediate Challengers
- Advanced Challengers



Aces

Ages 13 +

Are now called:

- Beginner Aces
- Intermediate Aces
- Advanced Aces

Timarron Tennis Courts

Program	Ages	Days / Times	Course #
Beginner Rookies	5 - 7	Mon., 4:30 - 5:30 p.m.	#8315
Advanced Rookies	7 - 8	Mon., 5:30 - 6:30 p.m.	#8327
Intermediate / Advanced Challengers	9 - 10	Mon., 6:30 - 7:30 p.m.	#8350



TENNIS PROGRAMS

For a complete description of all programs and levels, please visit www.thewoodlandstowship-tx.gov.

Bear Branch Tennis Courts

Program	Ages	Days / Times	Course #
Beginner Rookies	5 - 6	Mon., 4:30 - 5:30 p.m.	#8300
	5 - 6	Tue., 5:30 - 6:30 p.m.	#8313
	5 - 6	Wed., 4:30 - 5:30 p.m.	#8302
	5 - 6	Thu., 5:30 - 6:30 p.m.	#8314
	7 - 8	Mon., 5:30 - 6:30 p.m.	#8301
	7 - 8	Tue., 4:30 - 5:30 p.m.	#8310
	7 - 8	Wed., 5:30 - 6:30 p.m.	#8312
	7 - 8	Thu., 4:30 - 5:30 p.m.	#8311
Intermediate Rookies	5 - 6	Mon., 4:30 - 5:30 p.m.	#8322
	6 - 8	Tue., 4:30 - 5:30 p.m.	#8320
	6 - 8	Wed., 4:30 - 5:30 p.m.	#8323
	6 - 8	Thu., 4:30 - 5:30 p.m.	#8321
Advanced Rookies	7 - 8	Mon., 5:30 - 6:30 p.m.	#8324
	7 - 8	Tue., 5:30 - 6:30 p.m.	#8325
	7 - 8	Wed., 5:30 - 6:30 p.m.	#8326
	7 - 8	Thu., 5:30 - 6:30 p.m.	#8328
Beginner Challengers	9 - 10	Mon., 4:30 - 5:30 p.m.	#8340
	9 - 10	Tue., 5:30 - 6:30 p.m.	#8338
	9 - 10	Wed., 5:30 - 6:30 p.m.	#8341
	9 - 10	Thu., 4:30 - 5:30 p.m.	#8349
	11 - 12	Mon., 5:30 - 6:30 p.m.	#8342
	11 - 12	Tue., 4:30 - 5:30 p.m.	#8343
	11 - 12	Wed., 4:30 - 5:30 p.m.	#8344
	11 - 12	Thu., 5:30 - 6:30 p.m.	#8339
Intermediate / Advanced Challengers	9 - 10	Tue., 6:30 - 7:30 p.m.	#8345
	9 - 10	Thu., 6:30 - 7:30 p.m.	#8346
	11 - 12	Mon., 6:30 - 7:30 p.m.	#8347
	11 - 12	Wed., 6:30 - 7:30 p.m.	#8348
Beginner Aces	13+	Mon., 6:30 - 7:30 p.m.	#8365
	13+	Wed., 6:30 - 7:30 p.m.	#8366
Intermediate / Advanced Aces	13+	Tue., 6:30 - 7:30 p.m.	#8367
	13+	Thu., 6:30 - 7:30 p.m.	#8368

TENNIS WITH JON PARK ● ● ● ● ● ● ● ●

Beginner Ladies Tennis Class

Personal instruction, training, games, drills and a chance to meet other women. Ages: 18 and older. **FEES:** \$99 Resident, \$109 Non-resident

Pepperdale Park

Tuesdays, Jan. 15 - Feb. 12	11 a.m. - 12:15 p.m.	#8234.113
Tuesdays, Feb. 19 - March 26	11 a.m. - 12:15 p.m.	#8234.123

PROGRAM AND EVENT UPDATES

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TENNIS WITH CONNIE GRZEBIELUCHA

Beginner Tennis Lessons with Connie

Learn basic stroke mechanics, scoring, rules and game strategies.

Ages: 18 and older. **FEE:** \$60 Resident, \$70 Non-resident

Mondays, 9:30 - 10:30 a.m., Bear Branch Park

Jan. 7 - 28 #8010.113	Feb. 4 - 25 #8010.123	Mar. 4 - 25 #8010.133	Apr. 1 - 22 #8010.143	May 6 - 27 #8010.153
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Mondays, 6:30 - 7:30 p.m., Bear Branch Park

Jan. 7 - 28 #8011.113	Feb. 4 - 25 #8011.123	Mar. 4 - 25 #8011.133	Apr. 1 - 22 #8011.143	May 6 - 27 #8011.153
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Tuesdays, 8:30 - 9:30 a.m., Bear Branch Park

Jan. 8 - 29 #8211.113	Feb. 5 - 26 #8211.123	Mar. 5 - 26 #8211.133	Apr. 2 - 23 #8211.143	May 7 - 28 #8211.153
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Wednesdays, 8:30 - 9:30 a.m., Bear Branch Park

Jan. 9 - 30 #8012.113	Feb. 6 - 27 #8012.123	Mar. 6 - 27 #8012.133	Apr. 3 - 24 #8012.143	May 1 - 22 #8012.153
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Thursdays, 10:30 - 11:30 a.m., Bear Branch Park

Jan. 10 - 31 #8009.113	Feb. 7 - 28 #8009.123	Mar. 7 - 28 #8009.133	Apr. 4 - 25 #8009.143	May 2 - 23 #8009.153
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Thursdays, 6:30 - 7:30 p.m., Bear Branch Park

Jan. 10 - 31 #8208.113	Feb. 7 - 28 #8208.123	Mar. 7 - 28 #8208.133	Apr. 4 - 25 #8208.143	May 2 - 23 #8208.153
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Intermediate Tennis Lessons with Connie

Players must know rules, score-keeping and basic strokes. Ages: 18 and older. **FEE:** \$60 Resident, \$70 Non-resident

Tuesdays, 10:30 - 11:30 a.m., Bear Branch Park

Jan. 8 - 29 #8212.113	Feb. 5 - 26 #8212.123	Mar. 5 - 26 #8212.133	Apr. 2 - 23 #8212.143	May 7 - 28 #8212.153
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Wednesdays, 10:30 - 11:30 a.m., Bear Branch Park

Jan. 9 - 30 #8213.113	Feb. 6 - 27 #8213.123	Mar. 6 - 27 #8213.133	Apr. 3 - 24 #8213.143	May 1 - 22 #8213.153
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TENNIS WITH PATTIE JENSEN

Beginner 1 Tennis Lessons

Emphasis on stroke technique and development, rules of the game and etiquette. Ages: 18 and older. **FEE:** \$70 Resident, \$80 Non-resident

Wednesdays, 9:30 - 10:30 a.m., Meadowlake Park

Jan. 9 - 30 #8030.113	Feb. 6 - 27 #8030.123	Mar. 6 - 27 #8030.133	Apr. 3 - 24 #8030.143	May 1 - 22 #8030.153
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Wednesdays, 11:30 a.m. - 12:30 p.m., Meadowlake Park

Jan. 9 - 30 #8031.113	Feb. 6 - 27 #8031.123	Mar. 6 - 27 #8031.133	Apr. 3 - 24 #8031.143	May 1 - 22 #8031.153
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Beginner/Intermediate Tennis Drills

Open to all playing levels and abilities. *This is not an instruction class.*

Ages: 18 and older. **FEE:** \$60 Resident, \$70 Non-resident

Mondays, 7:30 - 8:30 p.m., Bear Branch Park

Jan. 7 - 28 #8004.113	Feb. 4 - 25 #8004.123	Mar. 4 - 25 #8004.133	Apr. 1 - 22 #8004.143	May 6 - 27 #8004.153
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Wednesdays, 9:30 - 10:30 a.m., Bear Branch Park

Jan. 9 - 30 #8005.113	Feb. 6 - 27 #8005.123	Mar. 6 - 27 #8005.133	Apr. 3 - 24 #8005.143	May 1 - 22 #8005.153
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Intermediate/Advanced Tennis Drills with Connie

Open to intermediate and higher-skilled players only. Ages: 18 and older.

FEE: \$60 Resident, \$70 Non-resident

Mondays, 10:30 - 11:30 a.m., Bear Branch Park

Jan. 7 - 28 #8006.113	Feb. 4 - 25 #8006.123	Mar. 4 - 25 #8006.133	Apr. 1 - 22 #8006.143	May 6 - 27 #8006.153
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Wednesdays, 6:30 - 7:30 p.m., Bear Branch Park

Jan. 9 - 30 #8014.113	Feb. 6 - 27 #8014.123	Mar. 6 - 27 #8014.133	Apr. 3 - 24 #8014.143	May 1 - 22 #8014.153
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Thursdays, 7:30 - 8:30 p.m., Bear Branch Park

Jan. 10 - 31 #8015.113	Feb. 7 - 28 #8015.123	Mar. 7 - 28 #8015.133	Apr. 4 - 25 #8015.143	May 2 - 23 #8015.153
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Open Tennis Drills with Connie

Open to all playing levels and abilities. *This is not an instruction class.*

Ages: 18 and older. **FEE:** \$60 Resident, \$70 Non-resident

Tuesdays, 9:30 - 10:30 a.m., Bear Branch Park

Jan. 8 - 29 #8007.113	Feb. 5 - 26 #8007.123	Mar. 5 - 26 #8007.133	Apr. 2 - 23 #8007.143	May 7 - 28 #8007.153
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Wednesdays, 7:30 - 8:30 p.m., Bear Branch Park

Jan. 9 - 30 #8008.113	Feb. 6 - 27 #8008.123	Mar. 6 - 27 #8008.133	Apr. 3 - 24 #8008.143	May 1 - 22 #8008.153
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Beginner 2 Tennis Lessons

Improve your skills, practice shot-making, and improve doubles and singles play. Ages: 18 and older. **FEE:** \$70 Resident, \$80 Non-resident

Wednesdays, 10:30 - 11:30 a.m., Meadowlake Park

Jan. 9 - 30 #8034.113	Feb. 6 - 27 #8034.123	Mar. 6 - 27 #8034.133	Apr. 3 - 24 #8034.143	May 1 - 22 #8034.153
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Thursdays, 11:30 a.m. - 12:30 p.m., Meadowlake Park

Jan. 10 - 31 #8035.113	Feb. 7 - 28 #8035.123	Mar. 7 - 28 #8035.133	Apr. 4 - 25 #8035.143	May 2 - 23 #8035.153
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Adult Intermediate Tennis Drills

Learn new skills and strategies through game play and point simulation.

Ages: 18 and older. **FEE:** \$70 Resident, \$80 Non-resident

Tuesdays, 11 a.m. - noon, Meadowlake Park

Jan. 8 - 29 #8036.113	Feb. 5 - 26 #8036.123	Mar. 5 - 26 #8036.133	Apr. 2 - 23 #8036.143	May 7 - 28 #8036.153
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Thursdays, 10:30 - 11:30 a.m., Meadowlake Park

Jan. 10 - 31 #8038.113	Feb. 7 - 28 #8038.123	Mar. 7 - 28 #8038.133	Apr. 4 - 25 #8038.143	May 2 - 23 #8038.153
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TENNIS WITH KIRSTY BERTHELOT *Certified USTA Pro*

Beginner Tennis Lessons

Learn basic stroke mechanics, scoring, rules and play situations. Ages: 18 and older. **FEE:** \$90 Resident, \$100 Non-resident

Tuesdays, 9:30 - 10:30 a.m., Timarron Park

Jan. 8 - Feb. 12 #8022.113	Feb. 26 - Apr. 9 #8022.123	Apr. 23 - May 28 #8022.133
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Wednesdays, 9:30 - 10:30 a.m., Timarron Park

Jan. 9 - Feb. 13 #8020.113	Feb. 27 - Apr. 10 #8020.123	Apr. 24 - May 29 #8020.133
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Intermediate Tennis Lessons

For players with some playing experience and basic knowledge of rules and scoring. Ages: 18 and older. **FEE:** \$90 Resident, \$100 Non-resident

Tuesdays, 10:30 - 11:30 a.m., Timarron Park

Jan. 8 - Feb. 12 #8023.113	Feb. 26 - Apr. 9 #8023.123	Apr. 23 - May 28 #8023.133
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Wednesdays, 10:30 - 11:30 a.m., Timarron Park

Jan. 9 - Feb. 13 #8021.113	Feb. 27 - Apr. 10 #8021.123	Apr. 24 - May 29 #8021.133
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Men's Tennis Play Day

Join us every Saturday for singles tennis. We'll provide the balls and match you with another player. Singles format two out of three sets. Ages: 18 and older. **FEE:** \$20/month, \$10/drop in. *Please register by Friday at 6 p.m.*

Saturdays	8 - 9:30 a.m.	Bear Branch Tennis Courts
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Men's Doubles Tennis League Play

Eight-week season league plays all year long. You do not need a partner; match play is three sets. Ages: 18 and older. **FEE:** \$25/season Resident, \$30/season Non-resident. *You must register to play.*

Tuesdays	7:30 p.m.	Bear Branch Tennis Courts
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Women's Doubles Tennis League Play

Eight-week season league plays all year long. You do not need a partner; match play is three sets. Ages: 18 and older. **FEE:** \$25/season Resident, \$30/season Non-resident. *You must register to play.*

Wednesdays	9 a.m.	Bear Branch Tennis Courts
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AQUATIC PROGRAMS

Learn to Row

Experience the beauty of Lake Woodlands while learning to row. On the first Thursday of each month, there will be an orientation class that will include verbal and video instruction. From that class you will schedule two water sessions with the instructors to meet your needs. Rowing is a low-impact sport you can enjoy as an individual or as part of a group. *Private lessons available for \$250. Call Debbie Arnold at 281-210-3900 for details.* Ages: 13 and older. **FEE:** \$180 Resident, \$190 Non-resident

Thursday, May 2	7 - 9 p.m.	8203 Millennium Forest Drive	#1600.153
Thursday, June 6	7 - 9 p.m.	8203 Millennium Forest Drive	#1600.163
Thursday, July 11	7 - 9 p.m.	8203 Millennium Forest Drive	#1600.173
Thursday, Aug. 1	7 - 9 p.m.	8203 Millennium Forest Drive	#1600.183
Thursday, Sept. 5	7 - 9 p.m.	8203 Millennium Forest Drive	#1600.193

Scuba Diving

All equipment is provided during class instruction. You will receive all necessary materials and certification cards upon successful completion of course certifying you as an open water diver. Ages: 10 and older. **FEE:** *Ages 10 - 11: \$395, Ages 12 and older: \$295 Resident, \$305 Non-resident*

April 19 - 20, 26 - 28	<i>Friday:</i> 6:30 - 9 p.m.	<i>Friday:</i> 8203 Millennium Forest Drive (behind The Woodlands High School)	#1854.113
May 10 - 12, 17 - 19	<i>Saturday:</i> 8 a.m. - 5 p.m.		#1854.123
May 31 - June 2, June 7 - 9	<i>Sunday:</i> 1 - 5 p.m.	<i>First Weekend:</i> Shadowbend Pool <i>Second Weekend:</i> Blue Lagoon in Huntsville	#1854.133

www.thewoodlandstownship-tx.gov/programupdates



Aqua Weight Program

A great way to stay in shape all year round. Low-impact water workout geared for adults of all ages. **Note: the pool is seven feet deep at the shallow end.** Swim belts are provided. Ages: 18 and older. **FEE:** \$40/session, \$160 for all sessions, \$10 drop-in, \$200 for both Aqua Weight and Aqua Deep Water Aerobic classes (#1703.162)

January 7 - 30 (M/W/F)	9 - 10 a.m.	Conroe ISD Natatorium, 19133 David Memorial Drive	#1703.113
February 1 - 27 (M/W/F)			#1703.123
March 1 - 29 (M/W/F)			#1703.133
April 1 - 29 (M/W/F)			#1703.143
May 1 - 31 (M/W/F)			#1703.153
All sessions, Jan. 7 - May 31	9 - 10 a.m.	CISD Natatorium	#1703.103

Aqua Deep Water Aerobic Program

Want a great workout that will not put stress on your joints? This program is designed to work every muscle as you push your way through the water. Try the first class on us! This workout is not for everyone. For more information, please call Debbie Arnold at 281-210-3900. Ages: 18 and older. **FEE:** \$40/session, \$160 for all sessions, \$200 for both Aqua Weight and Aqua Deep Water Aerobic classes (#1703.162)

January 8 - 31 (T/Th)	8:45 - 10:15 a.m.	Conroe ISD Natatorium, 19133 David Memorial Drive	#1710.113
February 5 - 28 (T/Th)			#1710.123
March 5 - 28 (T/Th)			#1710.133
April 2 - 30 (T/Th)			#1710.143
May 2 - 30 (T/Th)			#1710.153
All sessions, Jan. 8 - May 30	8:45 - 10:15 a.m.	CISD Natatorium	#1710.103

Water Resistance Walking Class

Walk against the current in a lazy river. Start out slow, but speed up as the class goes on. This class is not for people with knee or lower back problems. Ages: 13 and older. **FEE:** \$35/person, \$10/drop-in

Saturdays, May 5 - 25	9 - 10 a.m.	Rob Fleming Aquatic Center	#1771.113
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PROGRAM AND EVENT UPDATES

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www.thewoodlandstownship-tx.gov/programupdates.

The Woodlands Swim Teams

Registration starts Wednesday, February 1. Returning swimmers must register by Friday, February 8 to be on the same team. Beginning Friday, February 15, registration will be open to everyone.

Prerequisite: Must be able to swim free and back and swim 25 yards in one minute and make practices. Visit www.thewoodlandstownship-tx.gov for more information or call 281-210-3950. Ages: 5 and older. **FEE:** \$195 one swimmer, \$180/person for two swimmers, \$165/person for three or more swimmers. **After Wednesday, April 10, all fees increase \$20/person.**



The Woodlands TAAF Summer Swim Teams

All swimmers **must** be able to swim the length of the pool. Ages: 5 and older. **FEE:** \$90 for new swimmers, \$60 if on a Woodlands swim team, includes regional meet and TAAF registration

July 1 - 24	7 a.m. - noon (by age group)	Lakeside Pool
Regional Meet: July 13, 2013 (location TBD)		
State Meet: July 25 - 28, 2013 (location TBD)		

Junior Swim Team

Get your child ready to move up to swim team with all the needed skills. **Note: This is not a learn-to-swim program.** All swimmers **must** be able to swim the length of the pool. Ages: 4 and older. **FEE:** \$155 Resident, \$165 Non-resident

June 10 - Aug. 1 (M - Th)	8:15 - 8:45 a.m.	Ridgewood Pool	#1531.113
June 10 - Aug. 1 (M - Th)	6 - 6:30 p.m.	Lakeside Pool	#1531.123

All students who have not participated on a swim team must be evaluated. Call Debbie Arnold at 281-210-3904 to set up an appointment.

Saturdays, Feb. 2, 9, 16; March 2, 23; April 6, 13, 20	By appointment only
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ADULT PROGRAMS

CPR and First Aid Training

Upon successful completion of this American Heart Association course, individuals will be certified for two years. **Must register in advance!**
Ages: 12 and older. **FEE:** \$65 Resident, \$75 Non-resident

Wednesday, February 13	5 - 9 p.m.	Rec Center	#4053.103
Saturday, May 4	9 a.m. - 1 p.m.	Rec Center	#4053.113

RAD — Rape Aggression Defense

Learn how to be safe, stay safe and to protect yourself. This is a free class, but **you must register**. Taught by the Montgomery County Sheriff's Office. Ages: 16 and older; 13 - 14 with parent approval. **FEE:** Free!

Jan. 14, 15, 21, 22	6:30 - 9:30 p.m.	1520 Lake Front Circle, Ste. 900	#4301.103
Feb. 16, 23	10 a.m. - 4 p.m.	1520 Lake Front Circle, Ste. 900	#4301.113
Mar. 12, 13, 19, 20	6 - 9 p.m.	1520 Lake Front Circle, Ste. 900	#4301.143
April 22, 23, 29, 30	7 - 10 p.m.	1520 Lake Front Circle, Ste. 900	#4301.123
May 15, 16, 22, 23	6:30 - 9:30 p.m.	1520 Lake Front Circle, Ste. 900	#4301.133

"Vamos a Hablar" - Let's Talk

These classes concentrate on conversational Spanish in an audio visual format. Instructor: Margarita Chavez, author of *I Say Hola, You Say Hello*. **Must register in December or January to join spring session; registration closes once classes begin in January.** Ages: 18 and older. **FEE:** \$45/month Resident, \$50/month Non-resident

Tamales - beginners with little to no experience	Mondays	6:30 - 7:30 p.m.	Rec Center
	Wednesdays	6 - 7:30 p.m.	
Cactus - focus on past, future, present tenses	Tuesdays and Thursdays	7:30 - 9 p.m.	Rec Center
Sombreros (intermediate) - focus on all tenses	Mondays	5:30 - 6:30 p.m.	Rec Center
	Tuesdays	6 - 7:30 p.m.	
Chile (advanced) - focus on all tenses	Mondays	5:30 - 6:30 p.m.	Rec Center
	Tuesdays	6 - 7:30 p.m.	

Spanish Club

Spanish Club is for those who are fluent in the Spanish language. We'll review grammar on Mondays, then discuss current events, critique Spanish soap operas and read books. Instructor: Margarita Chavez. Ages: 18 and older. **FEE:** \$25/month Resident, \$30/month Non-resident

Mondays and Wednesdays	7:30 - 9 p.m.	Rec Center
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Meditation: Complete the Circle of Your Fitness and Healthy Body Routine - NEW!

Recent medical research has linked meditation to improved attention and memory, reduced stress and inflammation. This course will introduce all the elements necessary to begin meditating at home. Please wear comfortable clothing. Sitting on the floor is not necessary. For questions, please contact instructor, Allen Astin, at 832-515-9382. Ages: 18 and older. **FEE:** \$30/class Resident, \$35/class Non-resident; or \$50/month Resident, \$60/month Non-resident

First and third Wednesday of each month	7 - 8 p.m.	Rec Center
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Paw it Forward — Beginner Education

Build the foundation for your dog's future as a well-mannered pooch with the use of positive reinforcement. Learn the following and apply to real-life situations: sit, stay, wait, down, come, leave it, off, leash manners and properly greeting people/dogs. Training is fun for you and your dog! ***No class March 12.** Ages: 18 and older (16 - 17 with parent permission). **FEE:** \$175/session includes tote bag, toy for class lessons, handouts, graduation ceremony and certificate of completion



Tuesdays, Feb. 5 - Mar. 26*	6 - 7 p.m.	Rec Center	#4120.123
Saturdays, Apr. 6 - May 18	5 - 6 p.m.	Rec Center	#4120.113

Paw it Forward — Intermediate Education

Continue the training adventure with Intermediate Education! The class incorporates everything you and your dog need to know to become a Canine Good Citizen. All lessons will be applied to real-life situations. Sit, stay, down and recall are advanced through duration, distance and distraction, and in off-leash situations. **Prerequisite:** completion of (or knowledge of cues in) Beginner Education. ***No class March 12.** Ages: 18 and older (16 - 17 with parent permission). **FEE:** \$175/session

Tuesdays, Feb. 5 - Mar. 26*	7:30 - 8:30 p.m.	Rec Center	#4121.113
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Country Western Dancing

Learn to glide across the floor to the popular Texas two-step! No more sitting through your favorite song. Instructor: Brenda Seneca. Ages: 16 and older. **FEE:** \$45 Resident, \$50 Non-resident

Beginner	Tuesdays, Jan. 22 - Feb. 26	6:30 - 7:30 p.m.	8203 Millennium Forest Dr., Bldg II	#3002.113
Intermediate	Tuesdays, Mar. 19 - Apr. 23			#3002.123

Ballroom Dancing

Participants are introduced to widely used dances in both smooth and Latin styles, like the Foxtrot, Waltz, Cha-cha and Rumba. The class will also teach leading and following. Instructor: Brenda Seneca. Ages: 16 and older. **FEE:** \$45 Resident, \$50 Non-resident

Beginner	Tuesdays, Jan. 22 - Feb. 26	7:30 - 8:30 p.m.	8203 Millennium Forest Dr., Bldg II	#3009.113
Intermediate	Tuesdays, Mar. 19 - Apr. 23			#3009.123

Swing/Jitterbug

Join in the fun as you are introduced to the basic step and patterns of East Coast Swing; learn leading and following skills. Instructor: Brenda Seneca. Ages: 16 and older. **FEE:** \$45 Resident, \$50 Non-resident

Beginner	Tuesdays, Jan. 22 - Feb. 26	8:30 - 9:30 p.m.	8203 Millennium Forest Dr., Bldg II	#3005.113
Intermediate	Tuesdays, Mar. 19 - Apr. 23			#3005.123

ADULT FITNESS PROGRAMS

Bollywood Blast for Adults

Enjoy a fun and easy calorie-burning workout dancing to the rhythms of Bollywood tunes. The songs are always changing, challenging and fun.

No class February 11 or 18.* Ages: 18 and older. **FEE: \$100 Resident, \$110 Non-resident, \$15 drop in

Mondays, Jan. 7 - March 11*	8:30 - 9:15 a.m.	Rec Center	#5290.113
Mondays, March 18 - May 6	8:30 - 9:15 a.m.	Rec Center	#5290.123

Zumba

It's a calorie-burning blast, full of fun and energy! Ages: 18 and older.

FEE: *1x/week:* \$40/person, *2x/week:* \$60/person

Tuesdays, Jan. 29 - Mar. 5	9:15 - 10 a.m.	Rec Center	#3003.113
Thursdays, Jan. 31 - Mar. 7	8:45 - 9:30 a.m.	Rec Center	#3003.123
Tuesdays, Mar. 26 - Apr. 30	9:15 - 10 a.m.	Rec Center	#3003.133
Thursdays, Mar. 28 - May 2	8:45 - 9:30 a.m.	Rec Center	#3003.143

Qigong / Chi Kung

Qigong breathing techniques can help reduce stress, energize the body and promote good health. Students are taught traditional Chinese breathing drills designed to increase strength and flexibility and restore the body's energy level. Ages: 16 and older. **FEE:** \$60 Resident, \$70 Non-resident; *If taken with tai chi class:* \$50 Resident, \$60 Non-Resident

Saturdays	8 - 8:55 a.m.	Rec Center
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Tai Chi Chuan

With tens of millions of participants, tai chi is the largest sport in the world. Anyone can do tai chi regardless of age or physical condition; no special equipment required. Students are introduced to all aspects of tai chi: forms, philosophy and self-defense. Ages: 16 and older. **FEE:** *1x/wk:* \$60 Resident, \$70 Non-resident; *2x/wk:* \$100 Resident, \$110 Non-resident

Mondays	7 - 8 p.m.	Rec Center
Saturdays	9 - 10 a.m.	Rec Center

Tai Chi Applications

Tai Chi Chuan translates to *grand ultimate fist*. It's a fighting style known for joint locks, throws, take downs and explosive power. Completion of the first half of the long form is required to sign up for this class. Ages: 16 and older. **FEE:** *1x/wk:* \$30 Resident, \$35 Non-resident; *2x/wk:* \$50 Resident, \$60 Non-resident

Mondays	8 - 8:30 p.m.	Rec Center
Saturdays	10 - 10:30 a.m.	Rec Center

Chinese Martial Arts

Kung fu has been used for centuries as a means of promoting strong minds and general health. Students will be instructed in traditional Chinese forms, applications and two-man sets. Each month will focus on an aspect of kung fu: strikes, kicks, take downs and joint locks. Ages: 16 and older. **FEE:** \$60 Resident, \$70 Non-resident

Saturdays	10:45 - 11:45 a.m.	Rec Center
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FITNESS ROOM

Get a full body workout in 2013 at the Rec Center with free weights, recumbent bikes, elliptical, stair steppers, TVs and more! Ages: 14 and older (12 - 13 with an adult). **FEE: Residents:** \$20/month, \$60/six months, \$120/12 months; **Non Residents:** \$120/six months, \$220/12 months

1,2,3...GO Run for Fun

1,2,3...GO is a supportive, multi-phase training program for new runners or those coming off of an injury. All participants will train together following the program that was developed by RRCA-certified running coaches Jill Mitchell and Vicky Gillmor.

Phase I: Build a running base to increase strength and endurance that slowly and safely increase in intensity and distance. Weekly group runs are an opportunity to network and stay motivated. **Orientation:** Saturday, January 5, 9:30 a.m. at the Rec Center. Ages: 16 and older. **FEE:** \$110 Resident, \$120 Non-resident; includes running schedules, handouts, a stretching workshop, participation in a local 5K race, technical running shirt and a discount at a local running store

Tuesdays, January 8 - March 26	9:30 a.m.	#5271.113
Thursdays, January 10 - March 28	7 p.m.	#5271.123

Phase II: Runners will increase from five to 10 miles. If you did not participate in Phase I, you must be able to run five miles. Workouts will increase to include track and hill workouts and a long run on the weekends. **Orientation:** Saturday, January 5, 9:30 a.m. at the Rec Center. Ages: 16 and older. **FEE:** \$125 Resident, \$135 Non-resident; includes running schedules, handouts, a stretching workshop, participation in a local 5K race, technical running shirt and a discount at a local running store

Saturdays, January 12 - March 30	6:30 a.m.	#5271.133
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Phase III: Following Phase II, must be able to run a minimum of 10 miles. Runners will build upon training by adding speed workouts to increase distance and ability to allow the successful completion of a half marathon. Once selecting and registering for the half marathon of choice, runners will receive a 12-week personal training schedule that will help them prepare to successfully cross the finish line. Ages: 18 and older. **FEE:** \$125 Resident, \$135 Non-resident

Dates dependent upon participant's choice of race	#5271.143
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1,2,3...GO Run HILLS for Fun

Hills?! Yes, HILLS! Running hills can increase running speed and power. It can help give you an edge over other runners, whether it's speed, comfort or just knowing that you can cross the finish line with a smile... it makes you stronger. And it can be fun! This class is a great way to jump start your week and will add a new dimension to your training.

FEE: \$45/month Resident, \$55/month Non-resident

Mondays, beginning January 7	8:30 - 9:30 a.m.	Terramont Park	#5272.153
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LEAGUES / TOURNAMENTS

<i>League</i>	<i>Location</i>	<i>Dates</i>	<i>Times</i>	<i>Fee</i>
Softball (Coed, Men)	Alden Bridge Sports Fields	Mon. and Thurs.(men) Wed. and Thurs. (coed)	Evenings	\$450/Team
Men's Seven-a-Side Soccer	Bear Branch Sports Fields	Sundays	Evenings	\$500/Team, \$50 forfeit deposit
Adult Soccer - Drop-in Ages: 18 and older	Bear Branch Sports Fields	Wednesdays	8 - 10 p.m.	Season: \$20 Resident, \$25 Non-resident, Year: \$70 Resident, \$80 Non-resident Daily Drop-in: \$3/day
Men's Basketball	Recreation Center	Mondays	6:30 - 10 p.m.	\$450/Team
Flag Football	Alden Bridge Sports Fields	Sundays	Evenings	\$450/Team

For more information about adult sports leagues, please visit www.teamsideline.com/thewoodlandstownship.
Need a place to practice? We have gym space available for team practices! Call 281-210-3950 to reserve a spot.

PROGRAM AND EVENT UPDATES

The Woodlands Township Parks and Recreation staff make every effort to ensure the accuracy of program information. Updates, such as fees and location changes, to programs and events will be posted to www.thewoodlandstownship-tx.gov/programupdates.

Thank You

to all The Woodlands Township's sponsors and partners
for making our programs and events the best ever!

We look forward to another great year
of family fun and excitement!

ENVIRONMENTAL SERVICES PROGRAMS

Walk in the Woods Nature Lecture Series

Explore nature at your back door! Experts reveal the extraordinary plants and wildlife of East Texas. A different free program each month from **February through April** at McCullough Jr. High School, 3800 S. Panther Creek Drive. Visit the Township Web site for more information.

Thursday, February 7	7 p.m.	<i>Backyard Snakes</i> with Mike Howlett
Thursday, March 7	7:30 p.m.	<i>Hummingbirds!</i> with Mark Klym
Thursday, April 11	7:30 p.m.	TBD

Learn to Grow Your Own Vegetables

Learn vegetable gardening from the ground up. Discover the best vegetables and varieties for spring and summer gardens in our region. To register, call 281-210-3800. **FEE:** Free! **Reservation required***

Saturday, March 2	9 a.m. - noon	Township Town Hall, 2801 Technology Forest Drive
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Compost Classes

Learn from Montgomery County Master Gardeners the easy, cost-effective way to enrich your yard and garden with compost made in your own backyard. Compost is the easiest way to improve soil's ability to hold moisture and manage yard trimmings at the same time. **FEE:** Free!

Saturday, January 5	10 - 11 a.m.	8203 Millennium Forest
Saturday, February 2	10 - 11 a.m.	8203 Millennium Forest
Saturday, March 2	10 - 11 a.m.	8203 Millennium Forest

Gardening 101

Going beyond the basics, experts share their wit and wisdom, providing a guide to create a more sustainable landscape. Kathy Adams Clark will present *Landscaping for Birds and Butterflies* and Brenda Beust Smith will share *10 Commandments of Gardening*. **FEE:** Free! **Reservation required***

Saturday, February 16	9 a.m. - noon	2801 Technology Forest Blvd.
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3rd Annual GreenUp Cleanup

On Saturday, March 23, connect with neighbors and the outdoors by leading or joining a cleanup crew and bagging trash from streets, pathways and streams. You gather your friends, and we provide the bags! For more details and registration, please call 281-210-3800 or visit www.thewoodlandstownship-tx.gov.

Earth Day Concert in the Park

On Sunday April 21 at Northshore Park, join the Non-Toxic Band with their upbeat engaging music presented in a variety of styles incorporating environmental and multicultural themes. Lyrics are directed toward kids but music is equally appealing to adults. See page 1 for more information about Concert in the Park.

During intermission, get your GREEN on at booths to celebrate Earth Day. The evening will conclude with jazz duo vocals of Mood Indigo, consisting of Joe Romano's and Susan Elliott's adult alter egos.

ENVIRONMENTAL SERVICES PROGRAMS

***To make reservations**, or for information about a program or event, please call **281-210-3800** or visit **www.thewoodlandstownship-tx.gov/gardeningevents**.



DID YOU KNOW...

Each village in The Woodlands has its own set of beautiful parks for residents to enjoy. For more information about parks in The Woodlands, visit the interactive park map on The Woodlands Township Web site at www.thewoodlandstownship-tx.gov/pathwaymap. This feature allows the user to click on a park, noted as a numbered green dot, to get various information about each park including its location, amenities and when it was built.



Hot Jobs, Cool Benefits!

Applications are being accepted for:



**Pool Pass
Recreation Aide**

Lifeguard

Swim Coach

**Head Camp
Counselor**

**Camp
Counselor**

**Water Safety
Instructor**

**Aquatic Recreation
Specialist**

All team members must be at least 16 years of age, unless otherwise stated, and successfully pass a pre-employment drug screen. Leadership team members must successfully complete an extensive background check. **Apply online at www.thewoodlandstownship-tx.gov** or pick up an application from The Woodlands Township Parks, Recreation and Environmental Services Building, 8203 Millennium Forest Drive, or The Woodlands Township Recreation Center, 5310 Research Forest Drive.

Work for Parks and Recreation this summer!

NOTE: Below is the wording for the waiver that all participants sign when enrolling for programs at The Woodlands Township Recreation Center.

TOWNSHIP PROGRAM / EVENT WAIVER AND RELEASE

In consideration of being allowed to participate in any way in any program, activity or event, (referred to herein as the "Program") sponsored by, performed by, or in any way involving The Woodlands Township, I, as Participant, or if Participant is a minor, as parent or guardian of the minor Participant (herein referred to as "I") and intending to be legally bound do hereby acknowledge and agree to the following:

- I hereby waive, discharge, and release any and all rights and claims for damages whether based upon negligence or any other theory of law, which I, or my child, heirs, agents, representatives, or assigns may have against The Woodlands Township, and its affiliates, agents, representatives, assigns, or successors including, without limitation: any officers, directors, shareholders, agents and/or employees of or associated with The Woodlands Township, the municipalities or counties in or through which the programs or events take place or are conducted, as well as any other person, entity or sponsor connected with the Program and any of their affiliates, agents, representatives, assigns, successors, officers, directors, shareholders, and employees, for any and all injuries or damages which I, or my child, may suffer while taking part in the Program.
- I hereby assume any and all of the foregoing risks resulting from my, or my child's, participation in the Program and accept all personal responsibility for any resulting damage including, but not limited to, injury, permanent disability or death.
- I hereby verify that I, or my child, am/is in good physical health and able to participate in and/or complete the Program.
- I hereby agree to indemnify and hold The Woodlands Township harmless from and against all liabilities for any injury which may be suffered by the Participant arising out of or in any way connected with his/her participating in the Program.
- I have read and fully understood this Waiver and Release. I further understand that by participating in the Program, I/we will have waived substantial rights.
- I have knowingly and voluntarily agreed to this Waiver and Release.

FOR PARENTS OF PARTICIPANTS UNDER THE AGE OF 18

I affirm and acknowledge that I, as parent/guardian with legal responsibility for the Participant, do consent and agree to his/her release as provided by the Waiver and Release herein.

MEDIA/PHOTO WAIVER

I hereby authorize and give my full consent to The Woodlands Township and their agents and assigns to take, copyright and/or publish any and all photographs, videotapes and/or film (the "Media") in which I, or my child, may appear while participating in the Program. I further authorize that The Woodlands Township to transfer, use or cause to be used, the Media in any exhibitions, public displays, publications, commercials, art and advertising purposes, without limitations or reservations.

Sunny Dayz Summer Camp will be back and better than ever! Come out to The Woodlands Township Recreation Center on Wednesday, May 29, 2013, from 6 to 7:30 p.m., to meet the staff, tour the facility and learn about the fun adventures we have planned for the campers this summer. Space is limited! Register early.



Fun counselors!



Great activities!



SUNNY DAYZ **2013 summer camp**



Check out page 10 for more details.



For Grades 5 and 6

For more information on The Woodlands Township Recreation Center, visit:

www.thewoodlandstownship-tx.gov

The Woodlands Township Recreation Center: 281-210-3950

